

The White Hart

John & Anne-Marie Deegan welcome you to dine at their village pub

Our delicious 'Harty' meals are freshly made and designed by our team of chefs, using Local produce where possible

Our Milk and Cream are delivered daily fresh from Havenstreet's Coppid Hall Farm

Our Free Range Eggs are collected from Island Farm Eggs - St Helens

Our Local Butchers, Island Foods, provide us with:-

BeefCombley Farm

Lamb.....Combley Farm

Pork.....Apple fed from Orchard Farm (Hampshire)

Our Crab is Hand Picked from Ventnor Bay. Subject to availability. May contain small pieces of shell

Don't forget to browse our specials board for more yummy local dishes, including fresh fish, homemade pies and many more

Feel free to speak to any member of our helpful front of house team regarding dietary requirements and allergy information

Starters

Garlic Bread

£3

Garlic Bread with Cheese

£3.50

Rustic Bread and IW Dipping Oil

~ Ciabatta with Balsamic and Oil of Wight Rapeseed Oil ~

£3.50

Olives

*~Marinated with Garlic, Sun Dried Tomatoes and Rosemary. Served
with Ciabatta Bread and IW Dipping Oil~*

£5.50

Garlic Mushrooms

~Sautéed in Garlic Butter and White Wine

Served with Crusty Bread~

£6.50

Whitebait

*~Breaded Whitebait served with a Tartare sauce, Salad Garnish and
Crusty Bread & Butter~*

£6.50



Brie Wedges

~ with a Rosemary and Garlic Crust, served with Cranberry Sauce and Salad Garnish~

£6.50

Southern Fried Chicken

~served with BBQ Sauce, Sour Cream and Salad Garnish~

£6.50

Prawn Cocktail

~served with Marie-Rose Sauce and Wholemeal Bread and Butter~

£7

IW Crab and Prawn Cocktail

~served with Marie-Rose Sauce and Wholemeal Bread and Butter~

£7.50

Trio of Fish

~I.W Crab, I.W Smoked Salmon and Prawns, served with a Lemon and Dill Mayonnaise, Salad Garnish and Wholemeal Bread & Butter~

£8



Mains

Homemade I.W Beef Lasagne

~with a choice of Fries or Garlic Bread or Salad~

Main £11 Light Bite £8

Three Cheese Macaroni

~with a choice of Fries or Garlic Bread or Salad

Main £10 Light Bite £7

Hand Carved Ham and Eggs

~with Fries and Garden Peas~

Main £9.50 Light Bite £7.50

Homemade I.W Beef Chilli Con Carne

~with Rice, Tortilla Chips, Sour Cream and Salsa~

£10

Gammon Steak

~with Fries, Garden Peas and I.W Vine Roasted Cherry Tomatoes~

£11

I.W Beef Burger

~with a Brioche Bun, Fries, Onion Rings, Salad and Tomato Relish~

8oz £10 4oz £8

Cajun Chicken

~Lightly Spiced Chicken Breast served with a Yoghurt and Mint Sauce, Salad and a choice of Fries or Buttered New Potatoes~

£13

Burger & Gammon Toppers

Free Range Egg 50p

Cheddar 50p

Smoked Bacon £1

Fresh Pineapple 50p

I.W Blue Cheese £1.50

I.W Soft Cheese £1.50

A Little Something on the Side

Fries £3

Cheesy Fries £3.50

Parmesan and Truffle Oil Fries £4

Crusty Bread & Butter £1.50

Battered Onion Rings £2

Fresh Vegetables £3

Buttered New Potatoes £3

Mashed Potatoes £3

Side Salad £3

Homemade Coleslaw £2

Garlic Bread £3

Garlic Bread with Cheese £3.50



Fish

Fresh Beer Battered Cod

~subject to availability~

~with Fries, Tartare Sauce and a choice of Garden Peas or Mushy Peas or Salad~

£12

Wholetail Breaded Scampi

~with Fries, Tartare Sauce and a choice of Garden Peas or Mushy Peas or Salad~

Main £11 Light Bite £8

Whitebait

~Breaded Whitebait with Tartare Sauce, Salad and Crusty Bread & Butter~

Main £9.50 Light Bite £6.50

Homemade I.W Smoked Haddock Fishcake

~Smoked Haddock, Spring Onion, Dill and Mustard in a Rustic Breadcrumb. With Fries, Lemon & Dill Mayonnaise and a choice of Garden Peas or Mushy Peas or Salad~

Main £10.50 Light Bite £7.50

Homemade Seafood Lasagne

~I.W Crab, Prawns, Cockles, Muscle Meat, Salmon, Smoked Haddock and Whitefish cooked in a Lobster, White Wine and Garlic Sauce.

Served with a choice of Fries or Garlic Bread or Salad~

£12.50

Salads



Our salads come with Homemade Coleslaw and a choice of Crusty Bread & Butter or Buttered New Potatoes

Tuna Mayonnaise

Main £9.50 Light Bite £6.50

Hand Carved Ham

Main £10.50 Light Bite £7.50

Prawns with Marie-Rose Sauce

Main £12 Light Bite £9

I.W Crab

Main £13 Light Bite £10

Trio of Fish Platter with Lemon and Dill Mayonnaise

~I.W Crab, Prawns and Smoked Salmon~

Main £13 Light Bite £10

Cajun Chicken

£13

Chicken and Bacon Caesar Salad

Warm Chicken and Smoked Bacon, served on a bed of Crisp Lettuce, Parmesan Shavings and Caesar dressing. Finished with Parmesan and Herb Croutons

£13



Ploughmans

~Our Ploughmans come with Branston Sweet Pickle, Piccalilli, Pickled Onions, Salad, Homemade Coleslaw and Crusty Bread & Butter~

I.W Gallybagger Cheese £8

~Part of the I.W Cheese Co, Gallybagger is classed as a Modern British Hard Cheese. A Lovely Spin on the Classic Cheddar~

Trio of I.W Cheese £9.50

~Gallybagger, I.W Soft, I.W Blue~

Hand Carved Ham £8

Hand Carved Ham & Gallybagger Cheese £9

Jacket Potatoes

~Our Jackets come with Salad & Homemade Coleslaw~

Cheese £6.50

Cheese and Beans £7

Tuna Mayonnaise £7

Tuna and Cheddar Cheese Melt £7.50

I.W Beef Chilli Con Carne £7.50

I.W Soft Cheese, Smoked Bacon and Cranberry £8.50

Prawns with Marie-Rose £9

Sandwiches & Baguettes

Tuna Mayonnaise

Sandwich £5.50 Baguette £6

Cheddar Cheese & Roasted Cherry Tomato Chutney

Sandwich £5.50 Baguette £6

Hand Carved Ham

Sandwich £6 Baguette £6.50

Prawns with Marie Rose Sauce

Sandwich £7 Baguette £7.50

Smoked Salmon, Watercress & Lemon & Dill Mayonnaise

Sandwich £7 Baguette £7.50

I.W Crab and Rocket

Sandwich £7.50 Baguette £8

Smoked Bacon, Lettuce & I.W Cherry Tomato

Baguette £7.50

Smoked Bacon & Cheddar Melt

Baguette £7.50

Sausage & Balsamic Red Onion Chutney

Baguette £7.50

I.W Soft, Smoked Bacon & Cranberry

Baguette £8

Childrens Menu

~All Childrens Meals Come With a Choice of 2 Sides Which Can be Chosen From the Box Below~

I.W 4oz Beef Burger

£6.50

Chicken Nuggets

~100% Breast~

£6.50

IW Sausages

£6.50

7" Cheese & Tomato Pizza

£6.50

7" Ham and Pineapple Pizza

£6.50

Battered Cod Bites

£6.50

Spaghetti Bolognaise

£6.50

Childrens Sides

<i>Fries</i>	<i>Buttered New Potatoes</i>	<i>Mashed Potatoes</i>	
<i>Garden Peas</i>	<i>Baked Beans</i>	<i>Vegetables</i>	<i>Salad</i>
<i>Crusty Bread</i>	<i>Garlic Bread</i>	<i>Cheese</i>	

A Little Something For After

Ice Creams

Vanilla, Chocolate or Strawberry

One scoop £1 Two scoop £2 Three scoop £3

Novelty Toy Ice Cream

Vanilla £3 Strawberry £3 Chocolate £3

Minghellas

~i.w. Locally Made Ice Cream~

Please see our daily Minghellas board for today's flavours

One scoop £1.85 Two scoop £3.70 Three scoop £5.50

Coffee & Tea

Black/White Coffee £2

Espresso Single £2 Double £2.75

Latte £2.25

Cappuccino £2.25

Decaf Coffee £2

Floater Coffee £2.25

Liqueur Coffee £5.75

Tea £1.75

Decaf Tea £1.75

Speciality Tea (please ask for details) £1.75

Hot Chocolate £2.50

Hot Chocolate with Cream £3

Drinks

Draught mixers.....	Half Pint £2.....	Pint £3
<i>(Pepsi Cola / Diet Pepsi / Lemonade)</i>		
Coca-Cola / Diet Coke / 7UP Sugar free	Glass Bottle.....	£2.75
Fentimans Ginger Beer		£2.50
Bottle Green Elderflower Presse.....		£2.50
Appletizer.....		£2.50
Orange Juice & Lemonade.....	Half £2.85.....	Pint £3.50
Schwepes Orange / Pineapple / Tomato Juice.....		£2.25
Frobishers Apple Juice.....		£2.75
Tonic / Slimline Tonic.....		£2.25
J20.....		£2.50
<i>(Apple & Mango / Orange & Passion fruit / Apple & Raspberry)</i>		
Mineral Water		
<i>(Still/Sparkling).....330ml £1.75.....750ml £4.25</i>		
Simply Fruits (Kids Fruit Juice Orange / Blackcurrant.....)		£1.75
<i>Alcoholic Drinks</i>		
Budweiser (glass bottle) 4.8%.....		£3.50
Peroni Nastro Azzuro (glass bottle) 5.1%.....		£3.50
Becks Blue (glass bottle / non-alcoholic).....		£2.50
Crabbies Ginger Beer (glass bottle) 4.0%.....		£4.20
Kopparberg Ciders (glass bottle).....		£4.50
<i>(Strawberry & Lime 4.0% / Mixed Fruits 4.0% / Pear4.5%)</i>		
Fosters 4.0%	Half £2	Pint £4
Kronenbourg 1664 5.0%.....	Half £2.15.....	Pint £4.25
San Miguel 5.0%.....	Half £2.20.....	Pint £4.25
Stowford Press 4.5%.....	Half £2.05.....	Pint £4.10
Thatchers Gold 4.8%.....	Half £2.....	Pint £4
Ringwood 49er 4.9%.....	Half £2.05.....	Pint £4.10
Guest Ale 3.8%.....	Half £2.05.....	Pint £4.10
John Smiths extra smooth	Half £2.....	Pint £3.90