

The White Hart

John & Anne-Marie Deegan welcome you to dine at their village pub

Our delicious 'Harty' meals are freshly made and designed by our team of chefs, using Local produce where possible

Our Milk and Cream are delivered daily fresh from Havenstreet's Coppid Hall Farm

Our Free-Range Eggs are collected from Island Farm Eggs - St Helens

Our Local Butchers, Island Foods, provide us with: -

BeefCombley Farm - Havenstreet

Lamb.....Combley Farm - Havenstreet

Pork.....Apple fed from Orchard Farm (Hampshire)

Our Crab is Hand-picked from Ventnor bay. Subject to availability. May contain small pieces of shell

Don't forget to browse our specials board for our yummy local dishes, including fresh fish, homemade pies and many more

Feel free to speak to any member of our helpful front of house team regarding dietary requirements and allergy information

Gluten Free Bread Rolls available on request. For our Daily Gluten Free Specials Board please ask one of our Staff.

Starters

Garlic Bread

Two Slices £1:50 Four Slices £3

Garlic Bread with Cheese

Two Slices £2 Four Slices £4

Sea Salt and Rosemary Focaccia Bread

~ with Balsamic Vinegar and Oil of Wight Rapeseed Oil ~

£5

Garlic, Sun Dried Tomatoes and Rosemary Marinated Olives

~Served with Sea Salt and Rosemary Focaccia Bread,
Balsamic Vinegar and Oil of Wight Rapeseed Oil ~

Serves 2-4 People

£8

Garlic Mushrooms

~Sautéed in Garlic Butter and White Wine, Served with Warm Crusty
Bread~

£6

Breaded Whitebait

~served with a Homemade Tartare Sauce, Salad Garnish and Crusty
Bread & Butter~

£6.50



Rosemary and Garlic Breaded Brie Wedges

~ with Cranberry Sauce and Salad Garnish~

£6.50

Southern Fried Chicken Mini Fillets

~served with BBQ Sauce, Sour Cream and Salad Garnish~

£7

Prawn Cocktail

*~served with Homemade Marie-Rose Sauce and Sliced Farmhouse
Grain Bread and Butter~*

£7.50

I.W Ventnor Bay Crab and Prawn Cocktail

*~served with Homemade Marie-Rose Sauce and Sliced Farmhouse
Grain Bread and Butter~*

£8.50

Trio of Fish

*~I.W Ventnor Bay Crab, I.W Smoked Salmon and Prawns, served with
a Homemade Lemon and Dill Mayonnaise, Salad Garnish and Sliced
Farmhouse Grain Bread & Butter~*

£9



Mains

Homemade I.W Beef Lasagne

~with a choice of Fries or Garlic Bread or Side Salad~

Main £11 Light Bite £8

Three Cheese Macaroni

~with a choice of Fries or Garlic Bread or Side Salad

Main £10 Light Bite £7

Hand Carved Ham and Eggs (GF)

~with Fries and Garden Peas~

Main £10 Light Bite £8

Homemade I.W Beef Chilli Con Carne

~with Rice, Tortilla Chips, Sour Cream and Salsa~

£11

Peppercorn Chicken

~ Chicken Breast with a Homemade Mixed Peppercorn, Brandy and Cream Sauce. Served with Potatoes of the Day and Vegetables~

£13

Cajun Chicken (GF)

~Lightly Spiced Chicken Breast served with Fresh Lime Wedge, Yoghurt and Mint Dressing, Side Salad and a choice of Fries or Buttered New Potatoes~

£13

Gammon Steak (GF)

~with Triple Cooked Chips, Garden Peas and I.W Vine Roasted Cherry Tomatoes~

£11



Cajun Chicken Burger

~Lightly Spiced Chicken Breast in a Brioche Bun with Fries, Onion Rings, Side Garnish, Coleslaw, Fresh Lime Wedge and Yoghurt and Mint Dressing~

£14

I.W Beef Burger

~in a Brioche Bun with Fries, Onion Rings, Side Garnish, Coleslaw and Tomato Relish~

8oz £10 4oz £8

Burger & Gammon Toppers

Free Range Egg 50p

Fresh Pineapple 50p

Cheddar 50p

I.W Blue Cheese £1.50

Smoked Bacon £1

I.W Soft Cheese £1.50

A Little Something on the Side

Fries £3

Cheesy Fries £3.50

Triple Cooked chips £4.00

Parmasan and Truffle Oil Fries £4

Crusty Bread & Butter £1.50

Battered Onion Rings £2

Fresh Vegetables £3

Buttered New Potatoes £3

Mashed Potatoes £3

Side Salad £3

Homemade Coleslaw £2

Garlic Bread £3

Garlic Bread with Cheese £4

Sautéed Button Mushrooms £2



Fish

Fresh Beer Battered Cod

~subject to availability~

~with Triple Cooked Chips, Homemade Tartare Sauce and a choice of Garden Peas or Mushy Peas or Side Salad~

£13

Wholetail Breaded Scampi

~with Fries, Homemade Tartare Sauce and a choice of Garden Peas or Mushy Peas or Side Salad~

Main £12 Light Bite £9

Breaded Whitebait

~With Homemade Tartare Sauce, Side Salad and Crusty Bread & Butter~

Main £10.50 Light Bite £7.50

Homemade I.W Smoked Haddock Fishcake

~I.W Smoked Haddock, Spring Onion, Dill and Mustard in a Rustic Breadcrumb. With Fries, Homemade Lemon & Dill Mayonnaise and a choice of Garden Peas or Mushy Peas or Side Salad~

Main £12 Light Bite £9

Homemade Seafood Lasagne

~I.W Ventnor Bay Crab, Prawns, Cockles, Mussel Meat, Salmon, Smoked Haddock and Whitefish cooked in a Lobster, White Wine and Garlic Sauce. Served with a choice of Fries or Garlic Bread or Side Salad~

£14



Salads

Tuna Mayonnaise
Main £10 Light Bite £7

Hand Carved Ham
Main £11 Light Bite £8

Prawns in Marie-Rose Sauce
Main £13 Light Bite £10

I.W Ventnor Bay Crab
Main £14 Light Bite £11

Trio of Fish Platter with Lemon and Dill Mayonnaise
~I.W Ventnor Bay Crab, Prawns and I.W Smoked Salmon~
Main £14 Light Bite £11

All the above Salads come dressed with a Honey and Mustard Dressing and served with Homemade Coleslaw and a choice of Crusty Bread & Butter or Buttered New Potatoes or Fries

Chicken and Bacon Caesar Salad

Warm Chicken and Smoked Bacon, served on a bed of Crisp Lettuce, Parmesan Shavings and Caesar Dressing. Finished with Parmesan and Herb Croutons
£13



Ploughman's~

I.W Gallybagger Cheese £8

~Part of the I.W Cheese Co, Gallybagger is classed as a Modern British Hard Cheese. A Lovely Spin on the Classic Cheddar~

Trio of I.W Cheese £9.50

~Gallybagger, I.W Soft, I.W Blue~

Hand Carved Ham £8.50

Hand Carved Ham & Gallybagger Cheese £9.50

~Our Ploughman's come with Branston Sweet Pickle, Piccalilli, Pickled Onions, Dressed Salad, Homemade Coleslaw and Crusty Bread & Butter

Jacket Potatoes (GF)

Cheese £6.50

Cheese and Beans £7

Tuna Mayonnaise £7.50

Tuna and Cheddar Cheese Melt £8

I.W Beef Chilli Con Carne £8

I.W Soft Cheese, Smoked Bacon and Cranberry £9

Prawns in Marie-Rose £10

~Our Jackets come with a Dressed Salad & Homemade Coleslaw~



Sandwiches & Baguettes

Tuna Mayonnaise

Sandwich £5.50 Baguette £6

Cheddar Cheese & Roasted Cherry Tomato Chutney

Sandwich £5.50 Baguette £6

Hand Carved Ham

Sandwich £6 Baguette £6.50

Prawns in Marie Rose Sauce

Sandwich £7.50 Baguette £8

I.W Smoked Salmon, Watercress & Lemon & Dill Mayonnaise

Sandwich £7.50 Baguette £8

I.W Ventnor Bay Crab and Rocket

Sandwich £8 Baguette £8.50

Smoked Bacon, Lettuce & I.W Cherry Tomato

Baguette £8

Smoked Bacon & Cheddar Melt

Baguette £8

Sausage & Balsamic Red Onion Chutney

Baguette £7.50

I.W Soft, Smoked Bacon & Cranberry

Baguette £8.50

~ Our Sandwiches are available on Locally Sourced Farmhouse White or Farmhouse Grain Bread. Our Baguettes are White and Freshly Baked to order. All the above is served with a Dressed Salad Garnish ~



Children's Menu

I.W 4oz Beef Burger

£6.50

Chicken Nuggets

~100% Chicken Breast~

£6.50

Southern Fried Chicken Mini Fillets

~100% Chicken Breast~

£6.50

I.W Pork Sausages

£6.50

7" Cheese & Tomato Pizza

£6.50

7" Ham and Pineapple Pizza

£6.50

Battered Cod Bites

£6.50

Homemade Spaghetti Bolognaise

£6.50

~All Children's Meals come with a Choice of 2 sides which can be chosen from the box below~

Childrens Sides

<i>Fries</i>	<i>Buttered New Potatoes</i>	<i>Mashed Potatoes</i>	
<i>Garden Peas</i>	<i>Baked Beans</i>	<i>Vegetables</i>	<i>Salad</i>
<i>Crusty Bread</i>	<i>Garlic Bread</i>	<i>Cheese</i>	



A Little Something for After

~I.W Locally Made Ice Cream~

Please see our daily I.W Ice Cream board for todays flavours

One scoop £1.85 **Two scoop** £3.70 **Three scoop** £5.50

Also don't miss our desserts board to find tempting delights to finish you meal off perfectly

Coffee & Tea

Black/White Coffee £2

Espresso Single £2 Double £2.75

Latte £2.25

Cappuccino £2.25

Decaf Coffee £2

Floater Coffee £2.25

Liqueur Coffee £5.75

Tea £1.75

Decaf Tea £1.75

Speciality Tea (please ask for details) £1.75

Hot Chocolate £2.50

Hot Chocolate with Cream £3

Drinks

Draught mixers.....	Half Pint £2.10.....	Pint £3.30
<i>(Pepsi Cola / Diet Pepsi / Lemonade)</i>		
Coca-Cola / Diet Coke / Sprite Sugar free	Glass Bottle.....	£2.95
Fentimans Ginger Beer	£2.70
Bottle Green Elderflower Presse	£2.70
Appletize	£2.70
Orange Juice & Lemonade.....	Half £3.....	Pint.....£3.75
Schweppes Orange / Pineapple / Tomato Juice	£2.35
Frobishers Apple Juice	£2.85
Tonic / Slimline Tonic	£2.35
J20	£2.60

pint

Mineral Water

(Still/Sparkling).....	330ml £1.80.....	750ml.....	£4.25
Simply Fruits (Kids Fruit Juice Orange / Blackcurrant	£1.80

Alcoholic Drinks

Budweiser (glass bottle) 4.8%.....	£3.70
Peroni Nastro Azzuro(glass bottle)5.1%.....	£3.60
Becks Blue (glass bottle / non-alcoholic).....	£2.75
Crabbies Ginger Beer (glass bottle) 4.0%.....	£4.30
Kopperburg Ciders (glass bottle).....	£4.65
<i>(Strawberry & Lime 4.0% / Mixed Fruits 4.0% / Pear4.5%)</i>		
Fosters 4.0%	Half £2.10	Pint.£4.20
Kronenbourg 1664 5.0%.....	Half £2.25.....	Pint £4.50
San Miguel 5.0%.....	Half £2.25.....	Pint £4.50
Stowford Press 4.5%.....	Half £2.10.....	Pint £4.20
Thatchers Gold 4.8%.....	Half £2.10.....	Pint £4.20
Ringwood 49er 4.9%.....	Half £2.10.....	Pint £4.20
Guest Ale 3.8%.....	Half £2.10.....	Pint £4.20
John Smiths extra smooth	Half £2.....	Pint £4
Guinness 4.1%.....	Half £2.30.....	Pint £4.60